

Honey Pot Day Nursery News from the Kitchen May

Recipe of the Month Breakfast muffins

Ingredients

- 1 Onion
- 4 rashers smoked bacon
- 5 mushrooms
- 5 cherry tomatoes quartered
- 8 eggs whisked

INSTRUCTIONS

1. Preheat the oven to 180°C.
2. Chop the onions mushrooms and bacon up and cook for a few minutes in a pan until the onions are soft.
3. Place a spoonful of the mix in each part of a lightly greased muffin tray.
4. Add a few tomatoes' then cover with the beaten eggs.
5. Bake for 20 minutes until cooked in the centre and golden brown.
6. Take out of the tray and allow to cool for a few minutes.
7. Can serve hot or cold.

Workshop of the Month

During one of our forest school sessions the children made chocolate bananas, the bananas are sliced down the middle, stuffed with a few chocolate pieces wrapped in tinfoil then baked in the fire. Keep turning them and cook for 4/5 minutes.



General News

- This month we will be celebrating the champions league final with football kit day on Friday the 25th.
- I have placed suggestion boxes in the communal areas of all the nurseries for new menu suggestions, all suggestions are greatly appreciated.
- This month I hosted a training session for the cooks which went really well, we worked on the current menu and new ideas that the children will really enjoy. These will be held throughout the year to keep improving the standards of the food served at the nurseries.